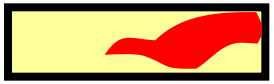
PBAC
Pictorial Blood Assessment Chart

Points /pad	Pad	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9
1										
5										
20										
1 or 5	Clots/Flooding									

Points /pad	Tampon	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9
1										
5										
10										
1 or 5	Clots/Flooding									