



# Gender-Affirming Endometriosis Care

There are many treatment options available for gender diverse patients with endometriosis. Hormonal medication, including combined oral hormonal contraception or testosterone therapy, can help improve your symptoms, including chronic and cyclical pelvic pain. Surgical management, including a gender-affirming hysterectomy, may also support symptom management.

It is important that everyone with endometriosis has access to gender-affirming care. Organizations like [Rainbow Health Ontario](#) and [Trans Care BC](#) have gender affirming service directories. You can also find gender-affirming resources, events, and support groups through organizations like [EndoQueer](#).

To learn more visit:  
[yourperiod.ca/endometriosis](http://yourperiod.ca/endometriosis)

