



Endometriosis Pain and Symptom Management

There are many treatment options available that can be used to help you manage your endometriosis pain and symptoms.

The treatment you decide will vary depending on your values, interests, affordability, availability, and what's been helpful to you in the past.

Treatment plans should consider your age, the severity of your symptoms, the medications you take, co-occurring conditions, and family planning goals.

You may need to try a few options to see what works best for you.

To learn more visit
yourperiod.ca/endometriosis

