

Endometriosis is most effectively managed when we are responsive to the multifaceted nature of disease.

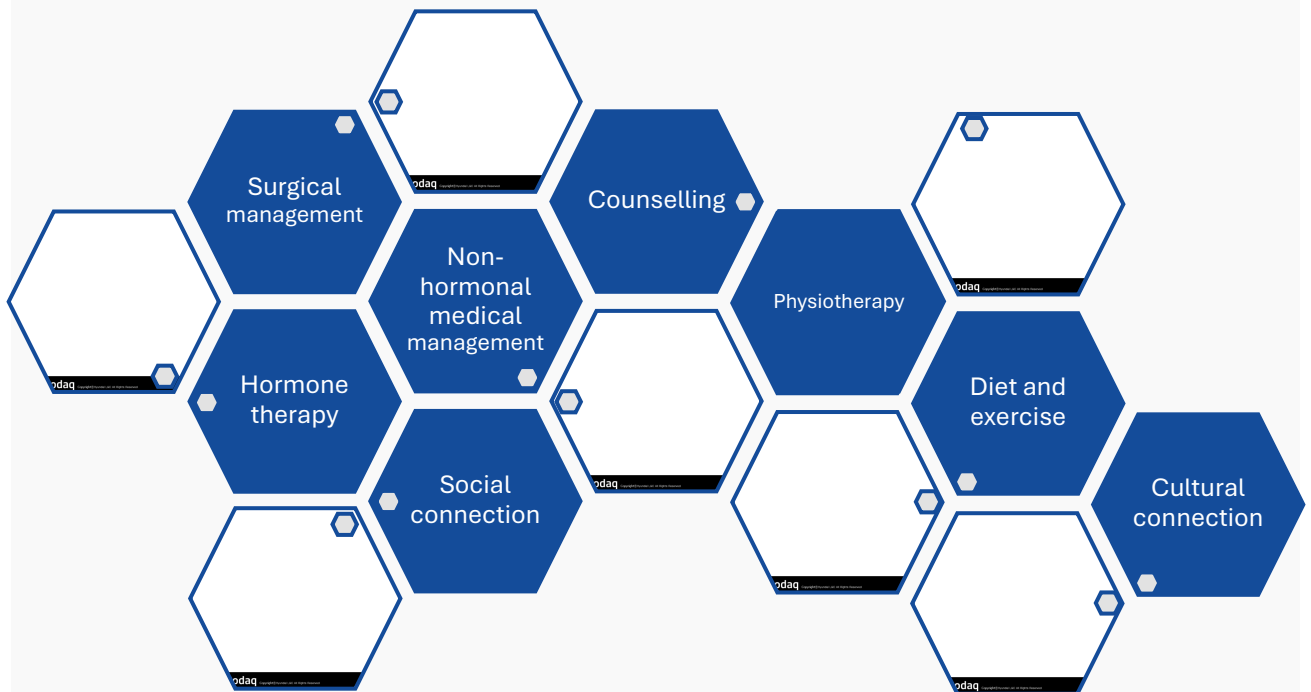


This means we need to treat the physical symptoms *and* the psychological and social factors that can increase pain and inflammation.

This resource includes information about:

- Hormone therapies for endometriosis
- Surgical management of endometriosis
- Non-hormonal medical management
- Complementary and alternative medicine (including social and cultural connection)

What other symptom management options have worked for you?



To learn more visit
yourperiod.ca/endometriosis

