

Hormone Therapies for Endometriosis

Hormone therapies can help regulate your body's hormone production. This helps slow the progression of endometriosis and can reduce endometriosis symptoms, including pain. Hormone therapies often need 2 - 3 months to see if they help relieve symptoms.



Hormonal Contraception

Hormonal contraception (e.g., birth control pills, patches, and vaginal rings) help regulate your hormones. They can lighten or shorten your period and reduce the pain associated with endometriosis.

Progestin Therapy

Progestin therapies (e.g., pills, implants, injections, and intrauterine devices) can help suppress the growth of endometriosis. They can lighten or shorten your period and reduce the pain associated with endometriosis.



Gonadotropin Releasing Hormonal (GnRH) agonists and antagonists

GnRH agonists (e.g., injections or nasal sprays) and antagonists (e.g., pills and injections) can regulate estrogen levels to reduce endometriosis pain.

To learn more visit
yourperiod.ca/endometriosis