

# How is endometriosis diagnosed?



Getting an endometriosis diagnosis can be a validating experience. A diagnosis can give you answers about what is happening in your body, as well as options for treatment and management.



## Clinical Diagnosis

A clinical diagnosis can be made based on your medical history and a physical examination. No imaging or surgical confirmation is required. Its benefits include earlier treatment to manage symptoms, including pain and infertility.

## Imaging Diagnosis

An imaging diagnosis can be made based on results from a basic or advanced ultrasound, MRI, or CT scan. Its benefits include the ability to provide targeted treatment and surgical planning, and the ability to track disease progression.



## Surgical Diagnosis

Surgical diagnosis can be made following a laparoscopic surgery. During the surgery, a surgeon will look for endometrial tissue and test it for endometriosis. Its benefits include the ability for simultaneous treatment and diagnosis.

To learn more visit  
[yourperiod.ca/endometriosis](http://yourperiod.ca/endometriosis)

